

Over the Counter Medications to Avoid Before Surgery:

To prepare for your surgery or procedure, it is best to avoid certain medicines, including aspirin and aspirin-like products, non-steroidal anti-inflammatory agents (NSAIDs), and other medicines or supplements. You may take Acetaminophen (Tylenol) for minor aches and pains, if needed.

Avoid these over the counter medications for **7 days prior to surgery** (unless instructed otherwise by your physician):

Aleve	Extra Strength Buffering Caps/Tabs
Alka-Seltzer Effervescent Pain Reliever & Antacid	Excedrin
Alka-Seltzer Plus Cold Medicine	Fish oil
Anacin Analgesic Caps/Tabs	Garlic
Anacin Maximum Strength Analgesic	Ginseng
Arthritis Bayer Time Released Aspirin	Ginkgo
Arthritis Pain Formula	Glucosamine
Ascription	Ibuprofen of any kind (Motrin, Advil)
Aspargum	Midol
Aspirin (of any kind)	Norwich Aspirin
Bayer Aspirin & Bayer Children's Aspirin	Norwich Extra Strength Aspirin
Coinciding D Decongestant tabs	Pepto Bismol
Vitamin E	Sins-Off Sinus Medicine Tabs.
Empirin	Triaminic Tabs

Certain **prescription medications** are also blood thinners. If you are on any of the following medications, please check with your physician regarding their continuation. These medications include (but are not limited to):

Celecoxib (Celebrex)	Indomethacin (Indocin)
Dipyradamole (Aggrenox)	Ketoradol (Toradol)
Diclofenac (Voltaren)	Nabumetone (Relafen)
Ibuprofen (Motrin)	Naproxen (Anaprox)

If you are on **prescription blood thinners**, please check with your physician before stopping any medications.

Prescription blood thinners are medications such as: Brilinta (Ticagrelor) Coumadin (Warfarin), Lovenox (Enoxaprin), Miradon (Anisindione), Heparin; Plavix (Clopidogrel), Xarelto (Rivaroxaban)

Pt. Signature: _____

Employee Signature: _____ Date/Time: _____